

Questions to Ask Your Provider

Understanding your health starts with asking the right questions.

About My Visit

- What is the reason for this visit?
- What are we trying to rule out or confirm?

Tests / Labs

- What tests are being ordered and why?
- Do I need to fast before these labs?
- Does it matter what time of day I complete these labs?
- When will I receive my results?
- Who will explain my results to me?

My Health

- What does this diagnosis mean?
- Are there other possible explanations for my symptoms?

Treatment

- What are my options?
- Are there side effects?
- What happens if I don't take this treatment?

Next Steps

- When should I follow up?
- What should I do if symptoms get worse?
- Who do I contact with questions?

You are not behind.

Learn Your Health. Own your care.